

# A TASTE OF SOUTH BEACH

with Sebastien & Sheila Centner

## INSPIRED BY THE SOUTH BEACH WINE & FOOD FESTIVAL

There's nothing quite like the South Beach Wine & Food Festival. For a few days each year, Miami becomes a playground for chefs, food lovers, and unforgettable flavors. While you may not be able to recreate the oceanfront tents and celebrity chefs at home, you can absolutely capture the spirit of the festival for your next gathering.

Sebastien & Sheila are co-authors of their guide to entertaining: *Eatertainment, Recipes & ideas for Effortless Entertaining.*

Available at [amazon.com](https://www.amazon.com)



## SET THE SCENE

Think relaxed South Beach glamour. Crisp linens, woven placemats, citrus fruits, and fresh greenery instantly create that breezy coastal feel.

## FESTIVAL FLAVORS

Take inspiration from the chefs who make SOBEWFF famous: bright seafood dishes, grilled specialties, and vibrant tropical ingredients. Think tuna crudo, grilled snapper, citrus salads, and mango-forward desserts.

### **Seb's Tip:**

*Focus on bold flavors but simple execution. Fresh ingredients are always the star.*

## SIP LIKE YOU'RE THERE

South Beach cocktails are all about sunshine in a glass. Serve a refreshing spritz, a citrus margarita, or a classic mojito with plenty of fresh mint.

## MUSIC & MOOD

A great playlist sets the tone. Think Latin rhythms, laid-back house, and beachy lounge tracks that keep the energy light and festive.

### **Sheila's Tip:**

*Outdoor dining instantly elevates the atmosphere. Even a small patio can feel like South Beach with the right lighting and music.*

## THE FESTIVAL FLOW

Just like the festival itself, great gatherings unfold in stages. Start with cocktails, move into shared plates, and let the conversation carry the afternoon.

**Bottom line:** With a few vibrant flavors, great music, and good company, you can bring a little South Beach festival magic to your own table.

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Photos by: Bruce Gibson & Venjhamin Reyes



# MIAMI EVENT DIARIES



**ART BASEL 2025**

with *Sheila Centner*



# WHERE ART MEETS ATMOSPHERE

If there's one week when Miami feels like the cultural capital of the world, it's Art Basel. The city transforms almost overnight; galleries spill into unexpected spaces and every hotel lobby feels like its own curated exhibition.

For me, Art Basel has always been about experiencing the energy of the city when creativity, fashion, design, and hospitality collide. This year was no exception.



## MIAMI AS THE PERFECT CANVAS

There's something about Miami that makes Art Basel feel particularly special. The architecture, the tropical light, the international crowd – it all creates the perfect setting for contemporary art to thrive.

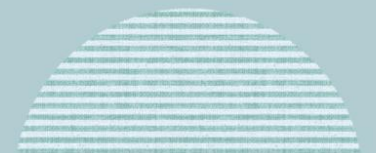
The city doesn't just host Basel; it becomes part of the exhibition.

Restaurants become meeting points for collectors and curators, hotels transform into cultural hubs, and every neighborhood adds its own character to the week's events.

For a few days each year, Miami becomes a place where creativity takes center stage, and everyone who visits becomes part of the story.



*Art Basel isn't just an art fair – it's Miami at its most creative, stylish, and electric.*



# Sheila's

## ART BASEL ESSENTIALS...

### WEAR COMFORTABLE GLAMOUR



Basel days are long and often involve a lot of walking. Think effortless Miami chic, stylish but smart footwear, and breathable fabrics that can take you from day to night.

### START EARLY



The best way to experience Art Basel is bright and early. The mornings are calmer, giving you time to truly appreciate the art before the city shifts into its nighttime social rhythm.

### GO BEYOND THE FAIR



Wynwood, the Design District, & pop-up galleries across the city often host installations & exhibitions that feel more intimate and unexpected.

### LEAVE ROOM FOR SPONTANEITY



Art Basel week is full of surprises. Some of the best moments come from wandering into a last-minute exhibition, or an impromptu rooftop party.



### THE SOCIAL SIDE OF BASEL

Of course, Basel wouldn't be Basel without the social calendar. From sunset cocktail receptions to late-night gatherings in private villas, the week feels like one long celebration of creativity.

What I love most is the mix of people: artists, collectors, designers, chefs, entrepreneurs, all sharing ideas and inspiration. The conversations are as memorable as the art itself.

“See you at Miami's  
next great event...”

Sheila Centner  
@sheilacentner

